



603-746-5681
www.bitsetc.org

Professional Education Workshop

10:00-10:15 **Introduction and House Keeping**

10:15 – 11:00 **The Sensory Systems**

Kathy Mauzerall, MS,OTR/L

Overview of the seven senses and how they can be influenced by horseback riding and other equine activities.

11:00 – 11:45 **Understanding the Impact of Trauma on Child Development**

Cody Lounsbury, LICSW

Provide a better understanding of how trauma impacts the development of children across domains. A discussion on some of the ways that trauma impacts the development of the brain, as well as how ACES (Adverse Childhood Experiences) can have a direct impact on the future success of our students.

11:45-12:30 **LUNCH**

Lunch will be provided. Please indicate any dietary needs when registering. There will also be enough time for tours of the farm and the opportunity to meet our therapy herd.

12:30-1:15 **Military Culture**

Jesse Colby

An open conversation on military culture versus the civilian culture to help make for successful therapeutic interactions. Question/Answer forum

1:15-2:00 **Earth Journey Connection**

Mary Howe, Life Strategist

In today's culture, so much of our day is focused on being there quicker, doing things faster, all while being distracted with digital devices and an onslaught of advertisements and information. It is time to slow down, become present and get connected. Together we will take a moment to step back, slow down and rejuvenate.

2:00 – 2:45 **Swap Shop**

All Participants

Bring your creative mind, lesson plan ideas, team building activities, designs for arena elements, holiday games/activities and any other ideas that can assist in making lessons fun and effective!

Call or email Back In The Saddle Equine Therapy Center to reserve your spot

746-5681 or bitsetc2003@aol.com Cost \$20